

Introducing the Emotions Posters

1. Review the Emotions-Themed Posters:

The three emotion-themed posters, Feels Like, Looks Like; The Purpose of the Emotions; and Range of Emotions, encourage students to explore their increasingly complex emotions. These posters will help students gain insight into why we have emotions and how they range in intensities.



2. Watch the Meet Your Emotions Video:

There are no good or bad emotions. All emotions have a purpose. Review the video and reflect on the range of your own emotions and how you express them. Depending on the age and stage of your students, consider sharing this video when introducing the Fly Five Emotion-Themed Posters.



3. Introduce the Posters:

It's time to unveil the posters! As with introducing any new material, be sure to invite your students into the conversation on how they will be used as a learning tool and resource within the classroom. Where can you hang the posters so that they are visible to all? How will students use the posters? How will you use them?

4. Incorporate into Daily Routines:

Now that the posters are visible for all to see, it's time to put them to use! Be mindful to incorporate them throughout the school day. Whether it's with the whole class, or during a one-on-one check-in with a student, be mindful of using the posters daily to foster emotional awareness among your students.

